

## Appendix C - “Getting Lucky - whilst caving”



# I'm safe. I'm lucky

I'm confident.

I'm prepared.

My team is prepared I have plan B, C ...

We're maintaining good decisions -

food, rest, water, warmth.

I'm watching.

I'm listening.

I'm thinking.

Risks today?

Temperature?

Flood? Delay?

Rockfall? Anchors?

Time constraints?

I'm listening.

I communicate.

Where/when do we re-group?

What happens when

one does not show?

Who is doing what?

My gear is good.

I know it's working.

I know its limits.

It's suitable for today.

I'm familiar with the techniques and limitations of its use.

We all know the

plan... and

its

changes.

My body is good

for the job today.

The safety margin is OK.

I'm in shape, enough.

I'm listening to it.

Who is responsible

... for MY safety?

... for my team's safety?

We're all alert and responsible for each other.

